



Becoming an Effective Manager Curriculum

Through a blended curriculum, Abilitie's **Becoming An Effective Manager** program provides a space for you to better understand yourself and your role as a manager. The journey builds to simulated practice managing employees and delivering meaningful feedback *before* you make a critical mistake with a direct report.



Learning Objectives

- Develop the skills to effectively manage and coach teams to success
- Deepen awareness of self and others' strengths, opportunities, and motivators
- Practice effective collaboration and conducting crucial conversations in any work environment
- Analyze, practice, and reflect upon real-world management challenges

Learning Journey

Live Sessions
13 Hours Total



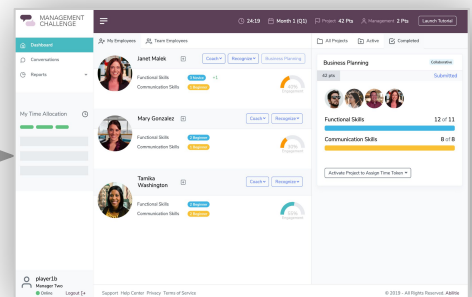
Kickoff



Work Style
Assessment



Case Study



Simulation:
Management Challenge

Self-Study

1-2 Hours Total

- TypeCoach Verifier
- Case Study Preparation



Core Components



Timing (Hours)



Synchronous Learning; In Cohorts



Asynchronous Learning/Self-Study

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Introduction to cohort and faculty, curriculum preview, and logistics overview.



Work Style Assessment

Go through an assessment and debrief session (*Default: TypeCoach- Preferences*) to understand how your work style impacts communication and collaboration. This session provides strategies and tactics for building more effective relationships with direct reports and others.



Case Study

With guidance from expert faculty, you'll analyze a leadership case study. As part of a Socratic discussion, you will work together to unpack learnings from the story and connect the lessons to your own experiences in managing others.



Management Challenge

Capstone Simulation in which you will practice your management skills in a fast-paced, competitive environment. You'll put your coaching and communication skills to the test as you manage the motivations, engagement, and performance of a virtual team.



Graduation

You will meet for a final time with your cohort to reflect on the learning journey, set personal goals, and commit to applying your new skills.